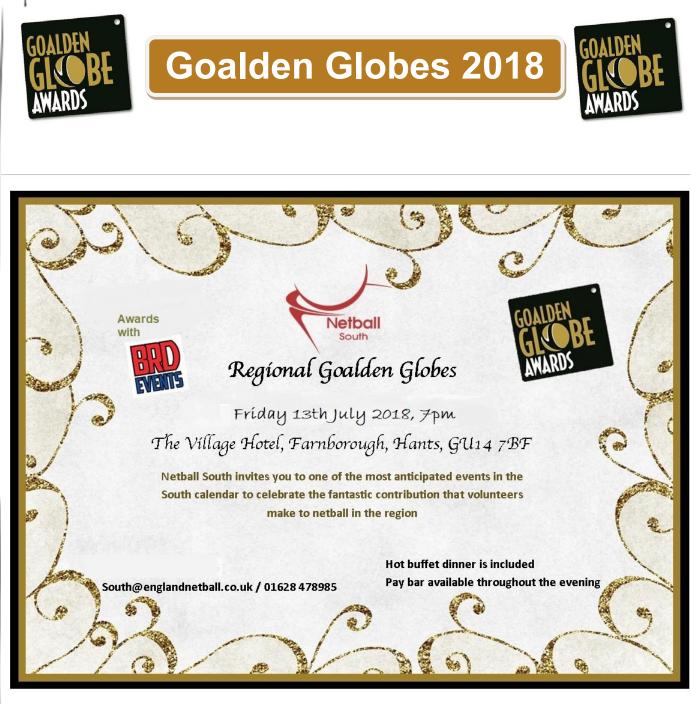


E-Newsletter Summer 2018

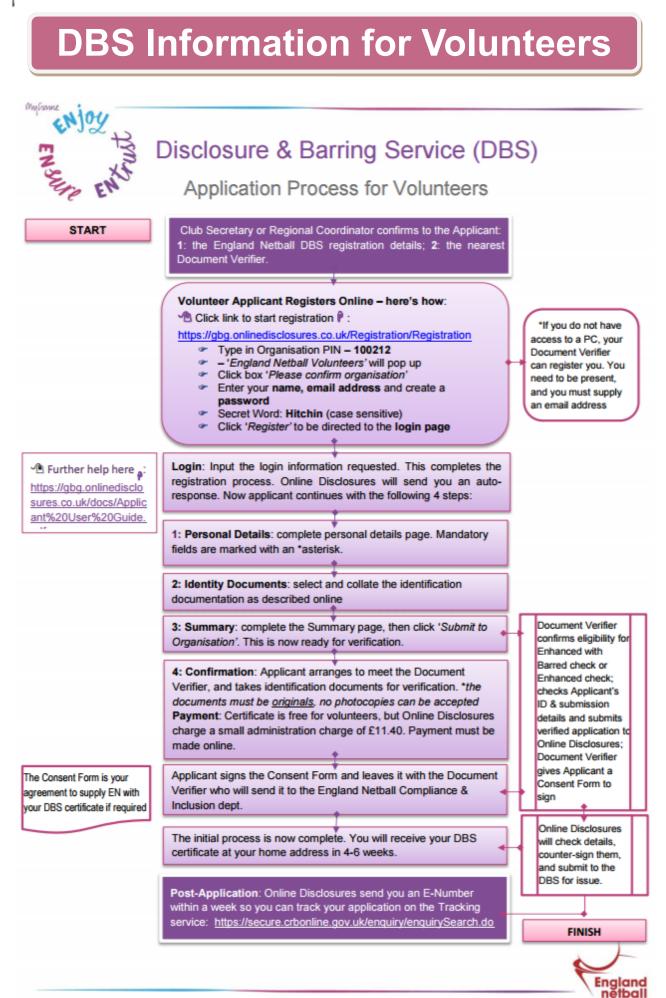
















CAPs Clubs



The Club Action Planning Scheme (CAPS) is a programme designed to captivate you and your netball club. It aims to support you to deliver a quality netball development programme and operate in line with best practice.

If you are interested in becoming a CAPS accredited club please contact the Regional office or your County Netball Development Officer for further details and support ([please see the contact sheet at the end of the newsletter). The process is outlined on the next page.

CAPs Congratulations

Congratulations to the following clubs on their recent CAPS accreditation/re-accreditation:







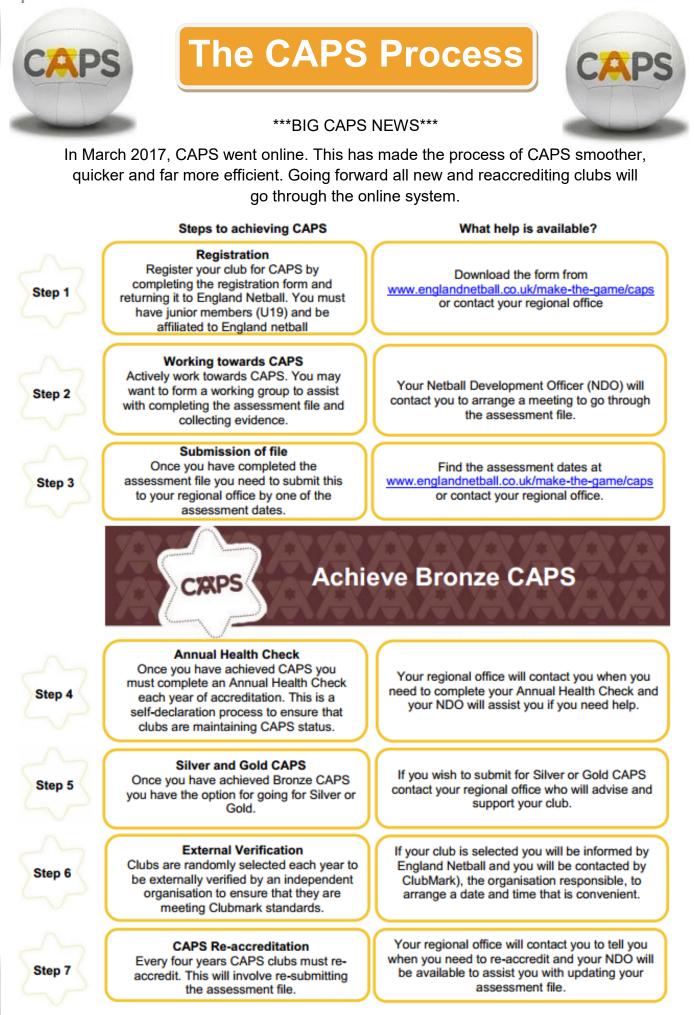




Princes Risborough Netball Club









Netball South Wins

Team South have introduced a "Win" board in the Regional Office to celebrate the little wins that turn into great successes. Please see below the most recent ones this quarter:

Netball South Wins

Two successful Walking Netball Host Training workshops - now 40 new Walking Netball Hosts

Two WI Walking Netball sessions have started in Berkshire & Sussex! More starting soon in other counties in the South

Productive South Team meeting took place in mid June

The South finally have a fully staffed team with new staff in Oxfordshire & Hampshire

The South AGM took place early June with positivity going forward from the board into the next year

Fantastic results in the National Club finals from the teams in the South

For more news in the South visit: https://www.netballsouth.co.uk/news









Club nets over £12k for charity after 12-hour challenge

Farnham Netball Club has raised £12,230.93 for charity, after playing non-stop for 12 hours.

The club, which was established in 1976 and has three teams successfully playing in the local Wavell Invitation and Saturday Aldershot Garrison leagues, took on the grueling challenge in the searing heat on Sunday, 1 July for Mind and Tamba (Twins and Multiple Births Association), after two of its members experienced tragic losses last year.

In October, long-standing club member Tina Mumford, who lives in Aldershot, suffered the loss of her son Tom, after the 18-year-old sadly took his life following a long-term battle with mental health issues.

Just weeks later Sam Brennan, who lives in Ash and was pregnant with identical twins, tragically lost her boys Jack and Harley after being diagnosed and undergoing unsuccessful treatment for TTTS (Twin to Twin Transfusion Syndrome). The rare but life-threatening condition affects 10 to15 per cent of identical twins that share a placenta.

Twenty-eight teams from across the South East area played against Farnham's two squads in the challenge that took place at St Nicholas' School, Fleet, who generously donated their facilities for the day.

"It was fantastic to see so many people supporting the cause," said Rebecca Wilson, who was instrumental in pulling the event together alongside Sam and Tina as well as club members Sara Green, Antonia Stadler, Jill Wilkinson and Lesley Whyte.

"We set ourselves the target to raise £2,500 to be shared equally by the two charities so are absolutely delighted to have literally smashed that goal! It was amazing to see the local netball community as well as over 300 friends and family come together in this way. We even welcomed back Margaret Smith-Gander on court who founded the club alongside Edwina Hunter over 42 years ago as well as former secretary Sue Baldwin and chair Barbara Mellish, who generously offered her support all day in between her playing stints."

Keith Reed, CEO of Tamba, who came up from Southampton to play in the charity's own team, said: "We are incredibly grateful to Sam and her netball club for choosing Tamba as co-recipient of the funds raised. It was a super day and we were proud to be able to share that with everyone who had given their time and money to help."

Karen Bolton, Head of Community and Events fundraising for Mind, said: "We are tremendously grateful to Farnham Netball Club for choosing Mind as one of the charities to benefit from their epic challenge. Playing netball non-stop for 12 hours is not only an amazing achievement in itself, it's also a brilliant way to help break down the stigma that still surrounds mental health and highlight the positive impact physical activity can have on mental wellbeing. Every penny raised will fund Mind's vital work including the Mind Infoline, our advice services and the campaigning the charity does to secure a better deal for the one in four of us who experience a mental health problem each year."





Players and supporters were entertained by Jack Mason, who appeared on last year's X Factor, and kept refreshed thanks to the BBQ supplied and managed by Aldershot's Red Lion public house.

The club would like to thank all of the organisations and individuals who kindly donated amazing prizes and donations for the raffle and auction as well as those who provided cakes for the stand, which was expertly manned by the 1st Aldershot Guides.

For more information about Farnham Netball Club, visit www.farnhamnc.com

About Mind: Mind is the leading mental health charity in England and Wales. It provides advice and support to empower anyone experiencing a mental health problem, as well as campaigning to improve services, raise awareness and promote understanding.

Mind has a confidential information and support line, Mind Infoline, available on 0300 123 3393 (lines open 9am - 6pm, Monday – Friday) **About Tamba**: Tamba is the only UK-wide charity dedicated to improving the lives and well-being of families with twins, triplets or more. Representing 18,400 members and 150 local clubs in the UK, Tamba provides help and support to both parents and professionals to meet the unique challenges faced by multiple birth families.

For confidential and emotional support for families with multiples, please call Twinline which is staffed by trained volunteers that are parents of multiples and can offer support on sleeping feeding, crying, behaviour, discipline, school issues or special needs. It is free to call from a landline on 0800 138 0509 and is open every day from 10am–1pm and from 7pm–10pm.

For further information, please visit tamba.org.uk



For further information, please visit mind.org.uk

Mybame



U14s

The 2018 National Clubs U14 Finals took place on 26th & 27th May at Sport Central, Northumbria University, Newcastle.

Fantastic netball was on display with Woodley and Weston Park Blades representing from the South.

Woodley Netball Club 3rd place Weston Park Blades 6th place



<image>

U16s

The 2018 National Clubs U16 Finals took place on 28th & 29th April at University of Nottingham. Weston Park was representing the South again along with Eagles Netball Club.

Eagles Netball Club 4th place Weston Park Blades 8th place



Well done from Netball South to both clubs on their success at the National Club Finals!



Netball in the City

What another fantastic Bucks and Herts Netball in the City event. For the second year running Louise Exton (South Bucks & Berks Netball Development Community Coach) teamed up with Lucy Ponting (Hertfordshire Netball Development Community Coach) to run this mixed workplace netball tournament event catering for both Buckinghamshire and Hertfordshire.

The event ran at Stoke Mandeville Stadium for the first time and therefore attract five teams to the tournament who all hadn't taken part in Netball In The City previously. There was some great play from all of the teams, and the men gave the women a run for their money.

Well done to Passaro & Co for winning the event.

Also a massive thank you for all those who came to volunteer their time to help out at the event. It couldn't have happened without you all so was very much appreciated.









Mybame



Back to Netball



On Wednesday 13th June, Louise Exton (South Bucks & Berks Netball Development Community Coach) held a Back to Netball friendly game between two of her Back to Netball sessions currently running in Bucks. One team came from Back to Netball at Evreham Sports Centre the other from Back to Netball at Hazlemere Youth Centre. This was a great chance for both teams to put all their skills training in to practice and what a game it was. Both teams played amazing with the scores showing that, for majority of the game the lead was by only one or two goals.

It was fantastic bringing two back to netball groups together to play in a fun and friendly environment with the ladies requesting another game as soon as this one finished. It was amazing to see all the ladies enthused and inspired to play more netball. Both teams picked up tips from one other to take back to their game.

By the end of the game the Hazlemere Back to Netball group just pipped Evreham to it beating them but just a couple of goals.

Due to the success of this friendly game, Louise hopes to plan and run plenty more. Starting with a Mini Back to Netball Tournament running on Sunday 19th August.





Wingrave Back to Netballers Do the Double!!

This season, some of the ladies who attended Back to Netball last year formed a team (under amazing coach Georgie Camfield). They entered both the Aylesbury District Netball League and MK Indoor Netball League this season for first time and won their division in both leagues!



For more information on Back To Netball visit: <u>http://www.netballsouth.co.uk/play-netball/back-2-netball</u>





Walking Netball

Bucks Walking Netball tournament

Six teams from Buckinghamshire, Bedfordshire and Hertfordshire came together for a Walking Netball Tournament on the 16th June at Stoke Mandeville Stadium. The teams included Aylesbury, Bletchley, Bedford, Silsoe, Berkhamsted and Wingrave.

£200 was raised for Wheelpower.

The event was hosted by Natalie our Stoke Mandeville Stadium WN Host.







For more information on Walking Netball visit: http://www.netballsouth.co.uk/play-netball/walking-netball



Mybame



Sessions have now started with the Maidenhead WI in Berkshire and with a WI group in Sussex.

More WI groups are due to start their sessions soon in the other South counties.



Maidenhead WI Group, Berkshire





Officiating News



Congratulations to all those in the South region who have passed an officiating award this Spring

Congratulations to.....

Officiating B Award:

Stacey Boxall, who passed her B Assessment in May 2018.

Sarah Kucera, who passed her B Assessment in May 2018.

National Schools Finals:

The National Schools Finals were held recently in Welwyn Garden City and the following South umpires were presented in the finals:

U14 Semi Final - Rachel Tanner U16 3rd/4th Place-Off - Liz Sywyj U19 Final - Alice Johnson

BUCS Finals:

At the recently held BUCS Finals Julie Wilks umpired the Trophy Final between Manchester Met University and Gloucestershire University.

For more information about officiating visit: https://www.englandnetball.co.uk/make-the-game/officiating/





Coach Recruitment



Hampshire Academy Coaches

An exciting opportunity to work with Hampshire talented athletes in the Academy Programme for the forthcoming season.

<u>Job Description:</u> https://www.netballsouth.co.uk/userfiles/file/JD-for-Lead-and-Assistant-Coaches.2018doc.pdf

Closing date for applications: Monday 9th July 2018

Interview date: Monday 13th August 2018

Please contact: Chris Granger (HNA Chair) via no1chrisg@aol.com

Dreams Netball Club

Dreams Netball Club are looking to expand their Coaching team. If you would like to become part of a successful club coaching from Regional division one R-UP, Hampshire Senior League division one and division two winners. Regional under 19 and Under 14 plus Hampshire and local leagues both senior and junior. We would love to talk to you whatever level you are and to give you the opportunity to progress.

For further details, please contact:

Chris Granger via no1chrisg@aol.com

Gordon's School Netball Coaches

Gordon's School in Surrey are looking to appoint some netball coaches to help train the girls midweek and then take fixtures on a Saturday morning.

In the Autumn Term the training sessions are Monday to Thursday from 3:50pm – 4:50pm. Different year groups have different nights. There is also training on a Saturday morning from 10am – 12noon. The students play matches mid-week in the Autumn Term, usually on their training nights. In the Spring Term they have midweek training at the same time as the Autumn Term and then Saturday morning fixtures.

For more information and how to apply, please contact:

Jamie Harrison via <u>iharrison@gordons.surrey.sch.uk</u>

Shooting Stars Netball Club Coaches

Shooting Stars Netball Club in Hampshire are looking for two Level 2 coaches or Level 1s working towards their Level 2. Sessions are in Portsmouth and Gosport both Wednesday evenings 5-6pm or 6-7pm.

For more information and how to apply, please contact:

Jane Jewell via janejewell 3@msn.com

For other coaching opportunities visit:

http://www.netballsouth.co.uk/about-netball-south/netball-recruitment



Netball South Regional League Results 2017-18

Congratulations to all teams taking part in the South Regional Leagues. Please see below the final results for 2017-18:

U13 Development

Winner - Dreams

Runners - Up Eagles

Open Division 3 Winners - Trinity Runners Up - Sussex Lightning

U14 Development

Winners - Bucks Phoenix Runners Up - Sussex Typhoons

U16 Development

Winners - MK Netters Runners Up - Royals

U19 Development

Winners - Eagles Netball Club Runners Up - Woodley Netball Club

Open Division 1

Winner - Eagles Runners Up - Dreams

Open Division 2 Winners - Brize Jets Runners Up - Eagles Two **U13 Regional** Winners - Team Matrix

Runners Up - CD Phoenix

U14 Regional Winners - Woodley Netball

Club

Runners Up - Weston Park Blades

U16 Regional Winners - Eagles Netball Club Runners Up - Weston Park Blades

U19 Regional Winners - Rushmoor Runners Up - Sussex NRG

Netball South Tournaments

Open League Playoffs

The South open league playoffs was on the 20th May 2018.

Congratulations to Rushmoor and Woodley who can 1st and 2nd respectively.

Please see the result table below:

	WOO	DLEY	RUS	HMOOR	DR	EAMS	OSP /	ALPHAS	MARLO	WKITES	EAST	BOURNE	POINTS	GOALS FOR	GOALS AGAINST	POSITION
WOODLEY			2	14	5	22	5	18	5	21	5	23	22	98	66	2
RUSHMOOR	5	18			5	18	5	17	5	17	5	27	25	97	66	1
DREAMS	1	14	2	15			5	21	2	14	5	21	15	85	78	4
OSP ALPHAS	0	8	1	12	1	12			3	17	5	22	10	71	81	5
MARLOW KITES	2	19	2	16	5	17	3	17			5	28	17	97	76	3
EASTBOURNE	0	7	0	9	0	9	0	8	0	7			0	40	121	6

Regional Junior Entry Tournament

The South regional junior entry tournament was on the 2nd & 3rd June 2018.

70 teams across all age groups competed.

Congratulations to all teams who took part at the weekend, some fantastic netball was on display!

Please see the results below:

U	13				
Div 1	Div 2				
Team Matrix	MK Dons				
Swan Topaz	Rushmoor				
CD Phoenix	CN Select				
Clan	Marlow Kites				
Eagles	NRG Juniors				
Woodley	Bucks Phoenix				
Royals	Panthers Elite				
Weston Park Blades	MK Netters				
Х	Fareham Fireflys				
x	MSN				
х	Magic				
U	14				
Div 1	Div 2				
Royals	MK Dons				
CD Phoenix	Fareham Fireflys				
Eagles	Weston Park Blades				
Bucks Phoenix	Magic				
Team Matrix	Dreams				
Woodley Blue	Mk Netters				
Clan	Guernsey Panthers				
Sussex Typhoons	Trinity				
X	Swan Rubies				
X	Rudgwick				
X	Rushmoor				
x	Marlow Kites				

U16					
Div 1	Div 2				
Weston Park Blades	MK Netters				
Sussex Tornadoes	Royals				
Rushmoor	Clan				
Eagles	Fareham Fireflys				
Team Matrix	Bucks Phoenix				
Woodley	NRG Juniors				
MK Dons	Swan Pearl				
CD Phoenix	Trinity Trojans				
х	MSN				
х	Magnet				
Х	CN Select				
U1	9				
Div 1	Div 2				
Swan Jade	CD Phoenix				
Weston Park Blades	Trinity Jaguars				
Royals	Dreams				
Eagles	Sussex Vortex				
NRG Juniors	Wokingham				
Woodley	Amber Jets				
Rushmoor	Grasshoppers				
Clan	TBC				



Mulame



UKCC Courses



UKCC Level 1

Date: Saturday 28th July and Saturday 1st September 2018 Time: 9am—6pm Venue: Bluecoats Sports Health & Fitness Club, Christs Hospital, Horsham, Sussex, RH13 0YB

> Date: Sunday 11th November and Sunday 9th December 2018 Time: 9am—6pm Venue: Rye St. Antony, Oxford, Oxfordshire, OX3 7SA

Date: Saturday 12th January and Saturday 9th February 2019 Time: 9am—6pm Venue: Princes Mead School, Winchester, Hampshire, SO21 1AN

UKCC Level 2

Date: Saturday 22nd & Sunday 23rd September, Saturday 20th & Sunday 21st October & Saturday 17th November 2018 Time: 9am—6pm Venue: The Mandeville School, Ellen Road, Aylesbury, Buckinghamshire, HP21 8ES

For more information and to download booking forms visit: <u>https://www.englandnetball.co.uk/coaching</u>

Places available at time of issue of newsletter



CPD Courses

<u>High 5</u>

Date: Wednesday 10th October 2018

Time: 4-7pm

Venue: Wexham School, Slough, Berkshire SL2 5QP

To book: https://www.netballsouth.co.uk/other-courses/high-5-cpd-workshop--berkshire





Are you aged 12-25 or have young people in you club who are? Involved in volunteering? Want to get recognised?

What is Pass on Your Passion?

The 'Pass on your Passion' programme aims to recognise the countless number of young volunteers in netball. It aims to provide you with opportunities, ideas and rewards to help you on your leadership and volunteering journey. No matter what your role in netball, we want you to Get Involved and Get Recognised.

Who is it for?

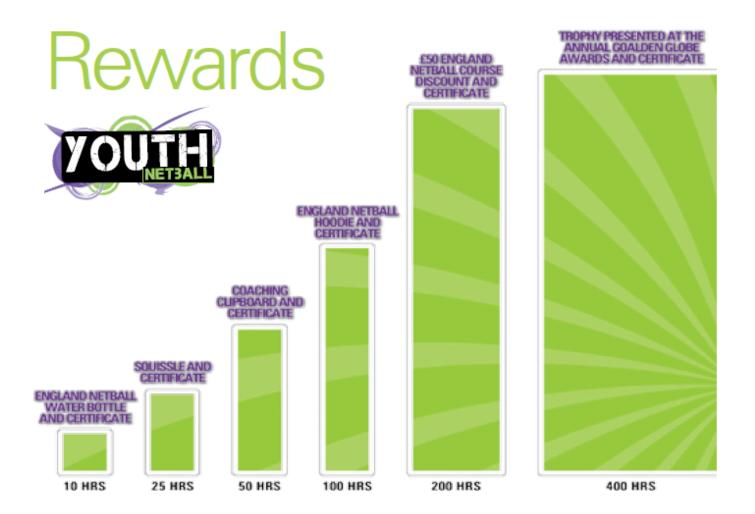
Every young person aged 12-25 that is actively volunteering in netball, whether that's as a coach, official, committee member, event helper, school team helper...the list is endless!

How does it work?

Once you've registered you will receive your volunteer portfolio and logbook. Just log your voluntary netball hours and send back the yellow copy to England Netball to receive your rewards in the post! It's as simple as that! You have 2 years from the date you became a member to complete your hours and claim your rewards.

PLEASE NOTE: Voluntary hours can only be counted from the day you sign up.





Benefits!

Not only will you get rewarded for the hours you complete, but just by registering as a member of 'Pass on you Passion' you'll get access to:

- FREE Regional Training Days where top coaches and officials will be on hand to pass on their knowledge.
- E-newsletters to keep you up to date with the latest information and voluntary opportunities.
- Invitations to volunteer at National and International netball events.

Register NOW!

You can download a Pass on your Passion Registration Form here





07964 124783

