



E-Newsletter

Winter 2016



**Merry Christmas and Happy New
Year**



[Netball South](#)



[@Netballsouth](#)

WELCOME

Once again the first half of the season has been extremely busy for all, with the leagues being extremely competitive. The Region had some good news from England Netball, in that we have been invited to enter a team for the U17 tournament in August 2017. This is extremely good news for our athletes. The RMB have a meeting in January and we will begin to plan for this: recruiting athletes and coaches, training programme. May I remind all clubs about the Forum to be held on 12th January 2017 at The Village Hotel, Farnborough starting at 7.30pm. It is important that clubs do attend as there are key decisions to be made: structure of junior leagues in the light of EN Performance Pathway; U19 League, competition regulations.

May I take this opportunity of wishing you and your families a Happy Christmas and every success for 2017.

Bill Alexander

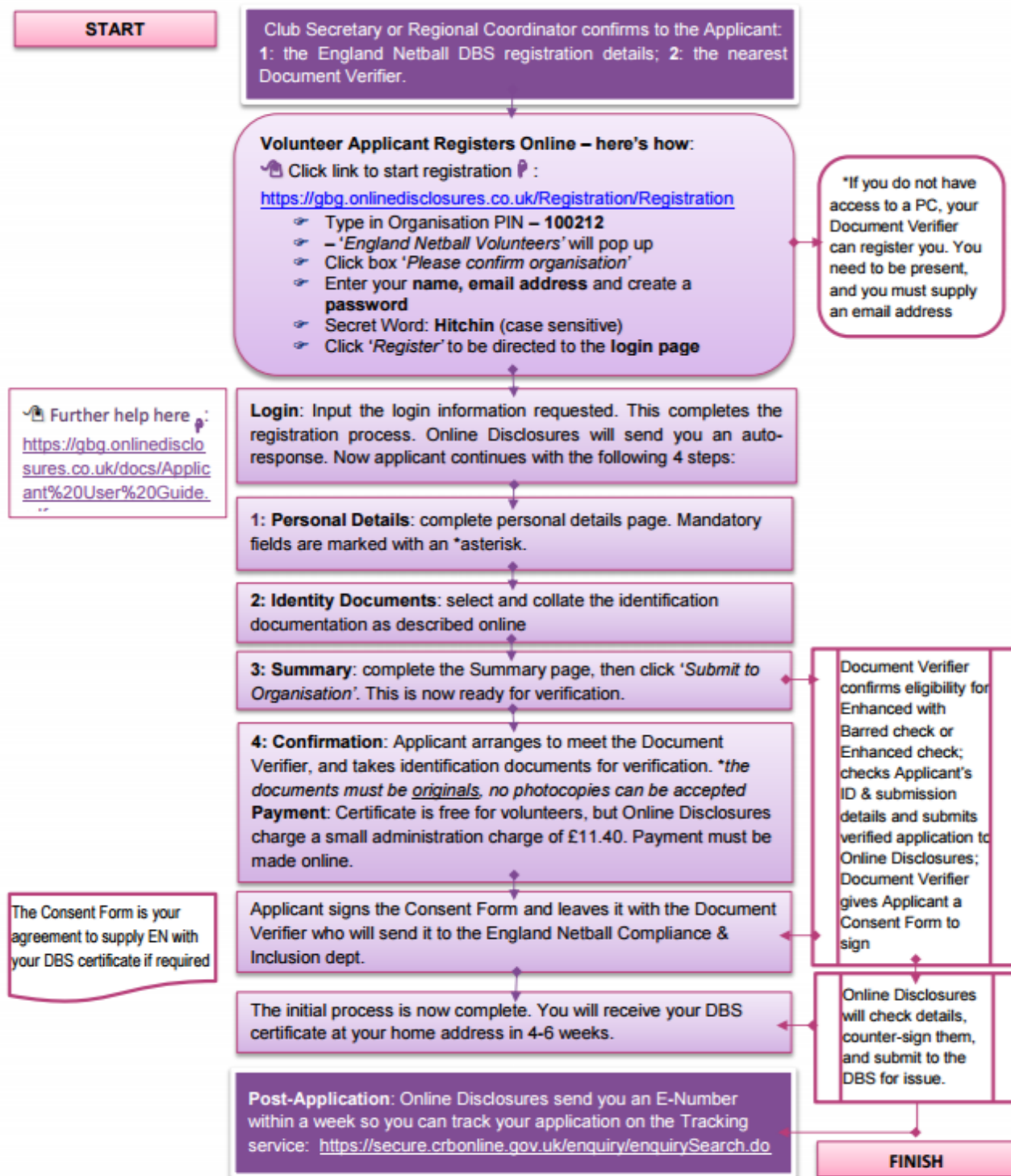
Chair, South RMB

DBS Information for Volunteers



Disclosure & Barring Service (DBS)

Application Process for Volunteers





CAPs Clubs

The Club Action Planning Scheme (CAPS) is a programme designed to captivate you and your netball club. It aims to support you to deliver a quality netball development programme and operate in line with best practice.

If you are interested in becoming a CAPS accredited club please contact the Regional office or your County Netball Development Officer for further details and support. The process is outlined on the next page.

BIG CAPS NEWS

In 2017, CAPS is going online, this will make the process of CAPS smoother, quicker and far more efficient. Going forward, in March 2017, the final folder assessment will take place, after then, all new and reaccrediting clubs will go through the online system.

The old process is on the next page for those hoping to get assessed by folder before March. The new, online process will be shared once finalised. If you have any questions about the new process please contact the South Regional Office.

Regional Office: South@englandnetball.co.uk

Development Officers

Hampshire & IOW: Carey.McCormick@englandnetball.co.uk

Berkshire & Oxfordshire: Nicola.Young@englandnetball.co.uk

Sussex: Stacey.Boxall@englandnetball.co.uk

Buckinghamshire : Joanne.Odro@englandnetball.co.uk



The CAPS Process

Steps to achieving CAPS

What help is available?

Step 1

Registration

Register your club for CAPS by completing the registration form and returning it to England Netball. You must have junior members (U19) and be affiliated to England netball

Download the form from www.EnglandNetball.co.uk/make-the-game/caps or contact your regional office

Step 2

Working towards CAPS

Actively work towards CAPS. You may want to form a working group to assist with completing the assessment file and collecting evidence.

Your Netball Development Officer (NDO) will contact you to arrange a meeting to go through the assessment file.

Step 3

Submission of file

Once you have completed the assessment file you need to submit this to your regional office by one of the assessment dates.

Find the assessment dates at www.EnglandNetball.co.uk/make-the-game/caps or contact your regional office.



Achieve Bronze CAPS

Step 4

Annual Health Check

Once you have achieved CAPS you must complete an Annual Health Check each year of accreditation. This is a self-declaration process to ensure that clubs are maintaining CAPS status.

Your regional office will contact you when you need to complete your Annual Health Check and your NDO will assist you if you need help.

Step 5

Silver and Gold CAPS

Once you have achieved Bronze CAPS you have the option for going for Silver or Gold.

If you wish to submit for Silver or Gold CAPS contact your regional office who will advise and support your club.

Step 6

External Verification

Clubs are randomly selected each year to be externally verified by an independent organisation to ensure that they are meeting Clubmark standards.

If your club is selected you will be informed by England Netball and you will be contacted by ClubMark), the organisation responsible, to arrange a date and time that is convenient.

Step 7

CAPS Re-accreditation

Every four years CAPS clubs must re-accredit. This will involve re-submitting the assessment file.

Your regional office will contact you to tell you when you need to re-accredit and your NDO will be available to assist you with updating your assessment file.

Gillian Frackleton

Gillian Frackleton has sadly died peacefully after a short illness on Thursday 1st September at the Royal Berkshire Hospital with her family at her side.

Gillian was known as one of the South's most committed and outstanding volunteers. She was involved in netball for over 50 years, particularly with Woodley Netball Club, Berkshire Netball and the South Region.

Gillian herself took her umpiring to the highest level, she umpired at Wembley as a Panel Umpire for the Inter Regional Tournaments and around Berkshire she was known as the umpire everyone looked up to, to support them in their goals.

When not umpiring Gillian joined a band of volunteers in the South, along with Jenny Poore, Yvonne Jamison & Margaret Deighan, they took over from Betty Allen from doing South umpiring - it took 4 of people to do what Betty had done alone! They worked extremely well as a team, and made friendships for life.

In working for the South, Gillian was a very hard worker, especially in setting up B award Assessments and running numerous tournaments including National Regional Schools for many years. Gillian was always structured, incredibly organised, had an eye for detail, anticipated potential issues and did something about them, was diplomatic, thoughtful, fair to everyone and was someone you loved being in the team with and was great fun to work with.

Gillian was awarded the Regional Long Service Award and an England Netball Long Service Award, and more recently received special recognition at the Golden Globe Awards 2016 by the RMB and officiating group for her work with Netball South.



Notes from the RMB



Netball South Leagues Club Forum

The South Regional Management Board would like to invite all regional clubs to a forum evening. This will be the perfect opportunity to have an open discussion with the Board and England Netball Staff about any problems and concerns that have arose so far in the season.

Each club is invited to bring two representatives; if you have both senior and junior teams it would be beneficial to bring one rep from both sections.

Thursday 12th January 2017

The Village Hotel, Pinehurst Road, Farnborough, GU14 7BF

7.30-9.30

If you are interested in attending please visit the link to find the invitation form.

<http://www.netballsouth.co.uk/news/netball-south-leagues-club-forum>

Netball South Coaching Technical Support Group (CTSG) Recruitment

The Netball South Board is seeking passionate people to join the Coaching Technical Support Group (CTSG). The CTSG is a committee reporting to the South Region Netball Board (See terms of reference). The CTSG is tasked with supporting the development of Coaches in the South Region which includes grass roots, school teachers, University level, Regional level, England pathway and other aspiring elite level coaches. This would be in partnership with other stakeholders.

We would like people to join that also reflect this diversity so you do not need to be an expert in coaching. A passion for Netball and a keen interest helping others develop will go a long way. The aim is to have several diverse members so that we can break the work into manageable tasks because we know people lead busy lives. This diversity will ensure we serve a broad base of coaches.

If this is of interest by you please find the documents you need to read and complete to apply for a position here...

<http://www.netballsouth.co.uk/news/coachingtsg>



Back to Netball



OVER £1000 RAISED FOR CHILDREN IN NEED AT BACK TO NETBALL FESTIVAL

£1056 has been raised by generous back to netballers at a fun-filled festival in Fareham.

15 teams from South Hampshire played in a friendly tournament, with Fareham-based Net Diamonds taking home the winners' medals, narrowly beating Knowle Hotshots in a well-contested final.



The festival attracted Back to Netball teams from Southampton, Havant, Hayling Island, Portsmouth, Fareham and Liphook, many playing in their first tournament since their school days!

Organiser, England Netball's Community Coach in the area, Debbie Laycock said: "It was a fabulous afternoon. We had teams who had only been back playing for a number of weeks, but it was great that our Back to Netball ethos of fun, friends and fitness transferred into slightly more competitive surroundings. Our more experienced Back to Netballers were helping our new ladies and our volunteers, as always, were superb helping with umpiring and running the table."

She added: "We really couldn't run these types of events without our volunteers, they really are worth their weight in gold."





Back to Netball



Teams were encouraged to wear fancy dress with a number of colourfully themed costumes taking to the court, including bees, schoolgirls and superheroes. Fareham Flyers took the title of Best Dressed team for the second year in a row, adorning Minions outfits for the entire festival. They took home a new netball ball bag, netball and first aid book, courtesy of England Netball sponsors Gilbert and Movelat.

The amount raised exceeded expectations for Laycock who said: "I know through experience what a generous lot our Back to Netballers are but to raise over £1000 for Children in Need far surpassed any charity festival we've organised before. Huge thanks to Everyone Active at Fareham Leisure Centre for hosting this festival for free as well as our generous raffle contributors including: Whiteley Retail Management, Parkside Community Leisure, Places for People, Horizon Leisure, Estee Lauder, Canoe Lake Leisure, Surrey Storm and England Netball."

Top Three Standings

- Net Diamonds (Fareham)
- Knowle Hotshots (Fareham)
- St Denys (Southampton)

More Back to Netball sessions are being launches for the New Year. Please log on to www.Englandnetball.co.uk/backtonetball for more information.





Back To Netball in the South

Back to Netball in the south is always growing. We are continuously trying to get more sessions on the map.

If you would like more information on all the sessions below, please contact the relevant Netball Development Officer, Netball Development Community Coach or the South office.

Holly Hart
Regional Manager - South
Tel: 07872 194534
Email: holly.hart@englandnetball.co.uk

Emma Whitehouse
Regional Coordinator - South
Tel: 01628 477090
Email: south@englandnetball.co.uk

Nicola Young
Netball Development Officer - Berkshire and Oxfordshire
Tel: 07540 127404
Email: nicola.young@englandnetball.co.uk

Joanne Odro
Netball Development Officer - Buckinghamshire / Milton Keynes
Tel: 07872 407092
Email: joanne.odro@englandnetball.co.uk

Debbie Laycock
Netball Development Community Coach - Southampton
Tel: 07854 090473
Email: debbie.laycock@englandnetball.co.uk

Carey McCormick
Netball Development Officer - Hampshire & Isle of Wight
Tel: 07595 086751
Email: carey.mccormick@englandnetball.co.uk

Stacey Boxall
Netball Development Officer - Sussex
Tel: 07540 126600
Email: stacey.boxall@englandnetball.co.uk

Louise Exton
Netball Development Community Coach - Buckinghamshire
Tel: 07964 124783
Email: louise.exton@englandnetball.co.uk





Bucks B2N Friendlies

On November 15th 2016, Back to Netball Bucks organised a friendly netball game between two Back to Netball sessions, one which is held at Princes Risborough School and the other which is held at Kingsmead Netball Centre. Both sessions have been running since April so the ladies were ready to put the skills they had learnt in to practice. It was great to see how far all the participants had come and how much they knew, including the rules of the game.

Some ladies hadn't experienced a competitive netball match for years, but after joining Back to Netball, they're confidence, team work and ability had improved enough to step on the court against another team. One of the teams had t-shirts made for the event, and both sessions got a little more serious at training leading up to the game, ensuring they were raring to go.

The game was very tight between both teams however the ladies from the Kingsmead session took the win. One lady said "I really enjoyed playing a match, it was great play as a team against another group, I have made some great friends at this session so I loved being able to compete with them."



If you are interested in Back to Netball in South Bucks, contact Louise Exton,
louise.exton@englandnetball.co.uk.



Wingrave NC Back to Netball Success

Wingrave Netball Club has been running for nearly 20 years, with several teams in Aylesbury District Netball League, they have been a key club in North Bucks Netball. They are now holding not only Back to Netball sessions but Walking Netball sessions too. Below are a few facts about Back to Netball in Wingrave and how to join in.

There are 14 ladies who started as Back to Netballers who now play in the Aylesbury League for Wingrave teams

- 2 of these 14 ladies are now Level 1 coaches and 1 of them is currently doing her Level 2 Coaching Qualification
- 2 of these ladies are trainee umpires and are currently umpiring in the Aylesbury League
- Walking Netball at Wingrave is a growing phenomenon, with 23 regulars, they have been playing through Winter and intend to carry on in the new year.

To find out more on Back to Netball in Wingrave or North Bucks contact Joanne Odro, joanne.odro@englandnetball.co.uk or directly to wingrave_netball@yahoo.co.uk





Disability Walking Netball

Are you Keen to try Walking Netball too?

KEEN Oxford is a charity that offers sports and social opportunities for people with special needs. The GrEAT programme offers these opportunities to adults over 18 years old, with a focus of 2 sessions a week, outreach work and signposting service.

The GrEAT sports session offers taster sessions of different sports, focusing on skills and techniques to develop ability within that sport and allow for personal development and progression of individual goals.

KEEN are proud to have been working with **England Netball** to offer three weeks of their newest programme to hit the courts...**Walking Netball**. Around 10 members regularly attended these sessions, all with varying ability levels.

This slowed down version of the traditional 7-a-side Netball, has been very popular since its official launch in September 2016. The game adaptations allow players to stop comfortably with the ball (with an extra step), take their time deciding on the best pass to make (with an extra second), and players move around the court at a fairly similar pace (with no running or jumping allowed). This is a lot of fun and is great for keeping active and socialising.

With 3 weeks of sessions, this group have worked through an assortment of fun and challenging skill practices. Progressing through a variety of ball skills, passing, shooting, movement, working as a team towards a set goal, and eventually took to the courts in week 3 with a half-court game! This encouraged the players to work on their coordination, spatial awareness, timing, decision making, teamwork and confidence in the sport.

If you would like to know more about Walking Netball please visit <https://www.englandnetball.co.uk/my-game/walking-netball/>





Oxford Brookes UV Festival

On the 12th December, Oxford Brookes Uni hosted a fantastic event, welcoming teams from the local community. They prepared the courts with UV tape, paint & music, and a local nightclub provided the UV lights. Then Oxford Brookes UNO, with help from EN staff coordinated a fantastic festival for teams to battle it out in the UV lights.

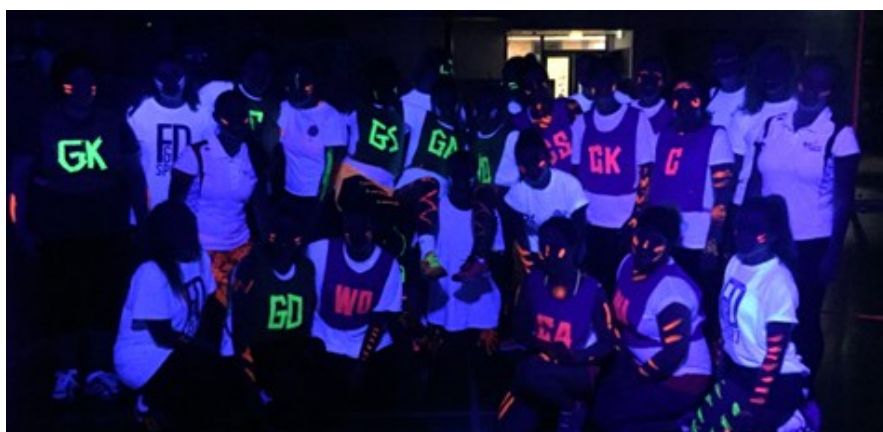
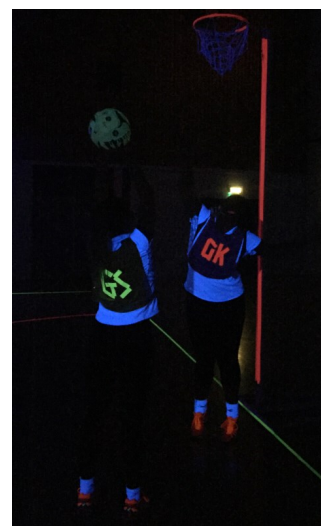
The event was for Back to Netballer's, University Social Netballers and other Oxford Brookes Sport teams. The evening was set up in three rounds, the Social players arrived at 5.30pm and played in the UV for an hour, then the first of the festivals took place at 6.45pm, welcoming two Back to Netball teams from the area, a social netball team and a staff team from the sports centre. Finally, it was the university sports clubs time to shine. The likes of the Rugby league

team, the basketball team and women's rugby team turned up amongst others.

All proceeds raised for this event went to Oxfordshire MIND, the final standings from the evening was around £100.

The University's BUCS Netball Squad were on hand to help with umpiring and scoring with two other England Netball staff's assistance. One of them said " It was great to help out at this event, the lights are really cool and everyone had a great time, it was a great laugh trying to umpire, I could barely see, let alone pick up a footwork infringement".

If you would like more information on UV netball, Back to Netball in Oxfordshire or Oxford Brookes Netball, please contact Nicola Young, nicola.young@englandnetball.co.uk.



Walking Netball Strolls into Eastleigh

Walking Netball strolls into Eastleigh

England Netball has joined forces with Eastleigh Borough Council to successfully launch Walking Netball to residents in the borough. The activity has been included as part of the Council's SportWorks programme, a Sport England funded initiative that aims to increase the number of adults engaged in 1 x 30 minutes of sport/physical activity a week. Walking Netball was officially launched by England Netball on Saturday 27th August as part of 'I am Team GB' day. The Hampshire Netball Development Officer together with Eastleigh Borough Council hosted a free taster as part of the launch at Fleming Park Leisure Centre, which saw 25 women and 3 men between the ages of 35 and 80 attend.

This successful taster event was followed by an 8 week pilot, funded by SportWorks, launching on Thursday 15th September. A total of 20 women aged between 45 to 76 years old attended over the initial 8 weeks and the activity has now been incorporated as part of Fleming Park Leisure's Centre overall programme. In order to ensure there was a workforce in place to continue an offer locally, a regional Walking Netball Host training course was hosted at Fleming Park Leisure Centre, with two members of staff in attendance from the centre.

The sessions will re commence on Thursday 12th January 2016 2-3pm. Fancy getting 'your wiggle on'? Then 'walk this way' back onto court. Here is some of the feedback from the ladies who've attended the sessions so far;

"Having not played netball for over 30 years, I wanted to find something that would fit in with my current level of fitness and agility. Walking netball seemed to tick the box"

"Looking for a fun way to get active"

"I enjoy the mix of ages, abilities and overall friendliness of the group. I have also noticed a number of people who seem to have had a boost in their confidence and self-esteem as the weeks have gone on."

"It is something to look forward to each week and great to have a good laugh on the court and get a good game/exercise as well."

"The sessions, so far, have been brilliant there has not been a dull moment in all the weeks I have attended - good coaching of game rules + relevant exercises - Sonia has been so patient and always smiling she is a brilliant coach and a really lovely person."

"For me the best has been meeting "netball minded" new people and really enjoying the sessions not only from the fun side but the serious game playing as well."

"Thanks to all your team who were involved in this - you were all very welcoming and pleasant to meet. Thanks - see you in the New Year!"

Further information on Walking Netball including a handy Netball session finder tool can be found on the England Netball website <https://www.Englandnetball.co.uk/my-game/walking-netball/>. For local session information you can contact your Netball Development Officer Carey, on carey.mccormick@Englandnetball.co.uk or 07595 086751.





Coach Recruitment

University of Southampton

At the University of Southampton Netball Club we are looking for a new coach. We are a friendly group of keen netball players who have all decided to play competitively at University and succeeded in trials for the club. We are looking for a new coach for our Squad 2, which is composed of 3 teams that all compete in the University BUCS league. The squad is keen to adapt to new coaching styles and would love the chance to work in coordination with our coach, especially on specifics of the game that the teams needs most work on. We are looking for either a Level 2 or Level 1 coach, and if availability is possible on Wednesday afternoons (when BUCS fixtures take place) that would also be great but not essential! The coaching would take place on Thursday evenings from 8-10pm at our indoor facility, Jubilee sport centre - University of Southampton Highfield campus.

For a Level 2 coach we would be paying £22.50 per hour, but there are also opportunities for a Level 1.

If Interested please contact Emma Drysdale (Club Captain) at:

Telephone: 07814669389

Email: ed1g14@soton.ac.uk

Akeley Wood School is looking for a coach

Required to coach netball across a range of age groups (11-18) as well as managing a specific school team.

Job Summary

The role consists of working with the Director of Sport and other members of the PE department at Akeley Wood School. This will involve working with a variety of age groups as well as having specific responsibility for the coaching of a number of teams and the management of fixtures and training sessions.

This coach requires netball specific coaching skills and/or relevant playing/coaching experience to a high standard.

They should be able to demonstrate good communication skills, an enthusiasm to work with children and a high level of personal motivation.

Hours of Employment

Coaches will be required for a minimum of 14 hours per week during term time (12 school weeks, January – March) to include; Monday, Tuesday, Wednesday and Thursday afternoons; Each afternoon to include a year group games session (1400 – 1600) followed by a team practice (1600 – 1715)

Coaches will also be required to take Saturday and midweek matches. The availability to work Saturdays is essential; Remuneration based upon experience and qualifications.

Please contact Holly Peedell at holly.peedell@akeleywoodschool.co.uk for more information.

Back to Netball Coaching Opportunity

The Hampshire NDO, Carey, is looking for a UKCC Level 2 Netball coach to lead on new Back to Netball sessions in Aldershot at Wavell School and in another Petersfield. For the Wavell session she is looking for someone to lead on a Tuesday evening.

If you are interested or would like any further information please get in touch with Carey directly. These are paid opportunities and will be to start sometime in September.

Carey McCormick [07595 086751](tel:07595086751)

Netball South Wins

Team South have introduced a "Win" board in the Regional Office to celebrate the little wins that turn into great successes. Here are a few from our most recent Team Meeting at Bisham Abbey. We wanted to share them with you to see what else we have been doing in the last couple of weeks.

Netball South Wins

Two successful Club Matters Workshops, one in Bracknell and one in Fareham

Two successful Walking Netball Host Training courses and another planned for February

South's university Netball Officers are doing a great job in developing Netball at their universities

Netball Volunteers in Sussex won two awards at the Sussex Sport Awards

Over £1000 raised for Children in Need in a Hampshire Back to Netball Festival

Worthing Netball Development starting to take place

Three Weeks of Disability Walking Netball took place in Oxfordshire

South University Netball Officers

Netball South University Netball Officers

University Netball Officers (UNO) are netball driven student volunteers, empowered, supported and deployed by England Netball to deliver and develop a menu of netball activities that encourage more students to participate in netball. We would like to introduce the South UNOs, they have already been working hard at their respective universities over the region, promoting and sharing the netball love.



| | | |
|--|---|--|
| Name: Sarah Butler University of Brighton | Name: Katie Hodgets Sussex University | Name: Sarah Adeniji Oxford Brookes University |
| Name: Elisha Hill Chichester University | Name: Megan Davis University of Portsmouth | Name: Jasmine Clive Bucks New University |



The UNOs have collectively introduced over 240 participants to social netball sessions at their universities. Sarah B (Brighton UNO) said “My most successful UNO moment so far would be having over 30 people at my first session and seeing everyone leave with a smile on their face”. Sarah A (Brookes) has recently organised a UV netball tournament which was an extremely successful evening.

Well done UNO’s, keep up the good work!



Netball South Regional Standings

Congratulations to all teams taking part in the South Regional Leagues. Please see below the current league tables.

Open League Div 1 – 2016/17

League Table

| Team | P | W | D | L | GF | GA | GD | Av | Pts |
|--------------------|---|---|---|---|-----|-----|-----|------|-----|
| Sussex Storm | 7 | 7 | 0 | 0 | 344 | 270 | 74 | 1.27 | 35 |
| Eagles | 7 | 6 | 0 | 1 | 332 | 265 | 67 | 1.25 | 31 |
| Sparks | 7 | 4 | 0 | 3 | 286 | 274 | 12 | 1.04 | 23 |
| Shooting Stars | 7 | 4 | 0 | 3 | 268 | 269 | -1 | 1.00 | 23 |
| Weston Park Blades | 7 | 4 | 0 | 3 | 318 | 332 | -14 | 0.96 | 23 |
| CD Phoenix | 7 | 2 | 0 | 5 | 293 | 333 | -40 | 0.88 | 16 |
| Dreams | 7 | 1 | 0 | 6 | 294 | 344 | -50 | 0.85 | 14 |
| SAS | 7 | 0 | 0 | 7 | 241 | 289 | -48 | 0.83 | 10 |

Open League Div 2 – 2016/17

League Table

| Team | P | W | D | L | GF | GA | GD | Av | Pts |
|------------------------|---|---|---|---|-----|-----|------|------|-----|
| Rushmoor | 7 | 7 | 0 | 0 | 321 | 254 | 67 | 1.26 | 35 |
| Abbey N.C. | 7 | 5 | 0 | 2 | 366 | 282 | 84 | 1.30 | 27 |
| Sussex NRG Tigers | 7 | 4 | 0 | 3 | 337 | 270 | 67 | 1.25 | 26 |
| Clan | 7 | 4 | 0 | 3 | 262 | 242 | 20 | 1.08 | 23 |
| Brize Jets | 7 | 3 | 0 | 4 | 297 | 287 | 10 | 1.03 | 20 |
| Eagles Two | 7 | 3 | 0 | 4 | 257 | 310 | -53 | 0.83 | 17 |
| Swan | 7 | 2 | 0 | 5 | 277 | 326 | -49 | 0.85 | 16 |
| Weston Park Blades Two | 7 | 0 | 0 | 7 | 255 | 401 | -146 | 0.64 | 6 |

Open League Div 3 – 2016/17

League Table

| Team | P | W | D | L | GF | GA | GD | Av | Pts |
|---------------------------|---|---|---|---|-----|-----|------|------|-----|
| Sussex NRG Pumas | 7 | 7 | 0 | 0 | 382 | 197 | 185 | 1.94 | 35 |
| Meon | 7 | 6 | 0 | 1 | 297 | 233 | 64 | 1.27 | 31 |
| Saffrey Panthers Guernsey | 7 | 4 | 0 | 3 | 282 | 264 | 18 | 1.07 | 24 |
| Woodley | 7 | 4 | 0 | 3 | 318 | 302 | 16 | 1.05 | 23 |
| Sussex Lightning | 7 | 4 | 0 | 3 | 297 | 321 | -24 | 0.93 | 22 |
| Trinity Oxford | 7 | 1 | 1 | 5 | 263 | 280 | -17 | 0.94 | 10 |
| Bucks Phoenix | 7 | 1 | 1 | 5 | 210 | 297 | -87 | 0.71 | 9 |
| MSN | 7 | 0 | 0 | 7 | 212 | 367 | -155 | 0.58 | 5 |

Netball South Regional Standings

Under 13s - 2016/17

League Table

| Team | P | W | D | L | GF | GA | GD | Av | Pts |
|--------------------|---|---|---|---|-----|-----|-----|------|-----|
| Woodley | 7 | 7 | 0 | 0 | 280 | 119 | 161 | 2.35 | 35 |
| Bs | 7 | 5 | 0 | 2 | 188 | 146 | 42 | 1.29 | 28 |
| CD Phoenix | 6 | 3 | 0 | 3 | 161 | 160 | 1 | 1.01 | 18 |
| MK Netters | 7 | 3 | 0 | 4 | 154 | 178 | -24 | 0.87 | 18 |
| Clan | 6 | 3 | 0 | 3 | 175 | 167 | 8 | 1.05 | 17 |
| Mid Sussex Netball | 6 | 2 | 0 | 4 | 171 | 194 | -23 | 0.88 | 14 |
| Bucks Phoenix | 7 | 2 | 0 | 5 | 164 | 241 | -77 | 0.68 | 14 |
| Royals | 6 | 1 | 0 | 5 | 128 | 216 | -88 | 0.59 | 7 |

Under 14s - 2016/17

League Table

| Team | P | W | D | L | GF | GA | GD | Av | Pts |
|--------------------|---|---|---|---|-----|-----|------|------|-----|
| Eagles | 7 | 7 | 0 | 0 | 377 | 202 | 175 | 1.87 | 35 |
| Team Matrix | 7 | 5 | 1 | 1 | 369 | 282 | 87 | 1.31 | 29 |
| Woodley | 7 | 5 | 1 | 1 | 305 | 244 | 61 | 1.25 | 28 |
| Clan | 7 | 4 | 0 | 3 | 297 | 314 | -17 | 0.95 | 23 |
| Weston Park Blades | 7 | 2 | 0 | 5 | 243 | 273 | -30 | 0.89 | 16 |
| MK Netters | 7 | 2 | 0 | 5 | 214 | 294 | -80 | 0.73 | 13 |
| CD Phoenix | 7 | 1 | 0 | 6 | 256 | 343 | -87 | 0.75 | 12 |
| Swan | 7 | 1 | 0 | 6 | 230 | 339 | -109 | 0.68 | 10 |

Under 16s - 2016/17

League Table

| Team | P | W | D | L | GF | GA | GD | Av | Pts |
|--------------------|---|---|---|---|-----|-----|------|------|-----|
| Eagles | 7 | 7 | 0 | 0 | 425 | 273 | 152 | 1.56 | 35 |
| Royals | 7 | 5 | 1 | 1 | 336 | 261 | 75 | 1.29 | 29 |
| Weston Park Blades | 7 | 5 | 0 | 2 | 323 | 294 | 29 | 1.10 | 27 |
| Clan | 7 | 3 | 0 | 4 | 322 | 303 | 19 | 1.06 | 20 |
| MK Netters | 7 | 3 | 0 | 4 | 281 | 305 | -24 | 0.92 | 20 |
| MSN | 7 | 2 | 0 | 5 | 328 | 370 | -42 | 0.89 | 16 |
| Team Matrix | 7 | 1 | 1 | 5 | 310 | 358 | -48 | 0.87 | 14 |
| Trinity | 7 | 1 | 0 | 6 | 228 | 389 | -161 | 0.59 | 8 |

Under 19s - 2016/17

League Table

| Team | P | W | D | L | GF | GA | GD | Av | Pts |
|-------------|---|---|---|---|-----|-----|------|------|-----|
| Rushmoor | 7 | 6 | 0 | 1 | 311 | 214 | 97 | 1.45 | 32 |
| CD Phoenix | 7 | 6 | 0 | 1 | 292 | 262 | 30 | 1.11 | 31 |
| Clan | 7 | 4 | 0 | 3 | 256 | 238 | 18 | 1.08 | 24 |
| Weston Park | 7 | 4 | 0 | 3 | 272 | 250 | 22 | 1.09 | 23 |
| NRG | 7 | 3 | 1 | 3 | 242 | 233 | 9 | 1.04 | 22 |
| Swan | 7 | 2 | 1 | 4 | 300 | 287 | 13 | 1.05 | 19 |
| Woodley | 7 | 2 | 0 | 5 | 227 | 272 | -45 | 0.83 | 16 |
| Royals | 7 | 0 | 0 | 7 | 204 | 348 | -144 | 0.59 | 5 |



Courses



UKCC Level 1

Date: Sunday 22nd January and Sunday 26th February 2017

Time: 9am—6pm

Venue: Everest Community Academy, Oxford Way, Basingstoke, Hampshire, RG24 9UP

Date: Saturday 15th April and Saturday 20th May 2017

Time: 9am—6pm

Venue: St Mary's Leisure Centre, St Mary's Road, Southampton, Hampshire, SQ14 0BL

Date: Saturday 1st July and Saturday 5th August 2017

Time: 9am—6pm

Venue: Princes Risborough School, Merton Road, Princes Risborough, Buckinghamshire, HP27 0YB

Date: Saturday 3rd June and Saturday 1st July 2017

Time: 9am—6pm

Venue: Bluecoat Sports Health and Fitness Club, Christs Hospital, Horsham, Sussex, RH13 0YB

For more information and to download booking forms [click here.](#)

Places available at time of issue of newsletter.

| Times | Costs (UKCC Level 1) |
|--------------------|---|
| 9-6pm on both days | £150 EN Affiliated Member and £180 for Non Affiliated |



EXCELLENCE IN SPORTS COACHING



Courses



UKCC Level 2

Date: 4th Feb 2017, 5th Feb 2017, 4th Mar 2017, 5th Mar 2017 & 25th Mar 2017

Time: 9am-6pm

Venue: Princes Mead School, Worthy Park House, Winchester, Hampshire, SO21 1AN

Date: 4th Feb 2017, 5th Feb 2017, 4th Mar 2017, 5th Mar 2017 & 25th Mar 2017

Time: 9am-6pm

Venue: Princes Mead School, Worthy Park House, Winchester, Hampshire, SO21 1AN

More Level 2 courses will be released in due course.

For more information and to download booking forms [click here.](#)

Places available at time of issue of newsletter

| Times | Cost (UKCC Level 2) |
|---------------------|---|
| 9-6pm on all 5 days | £360.00 for EN Affiliated Learner and £395.00 for Non Affiliated Learners |



EXCELLENCE IN SPORTS COACHING



Are you aged 12-25 or have young people in you club who are? Involved in volunteering? Want to get recognised?

What is Pass on Your Passion?

The 'Pass on your Passion' programme aims to recognise the countless number of young volunteers in netball. It aims to provide you with opportunities, ideas and rewards to help you on your leadership and volunteering journey. No matter what your role in netball, we want you to Get Involved and Get Recognised.

Who is it for?

Every young person aged 12-25 that is actively volunteering in netball , whether that's as a coach, official, committee member, event helper, school team helper...the list is endless!

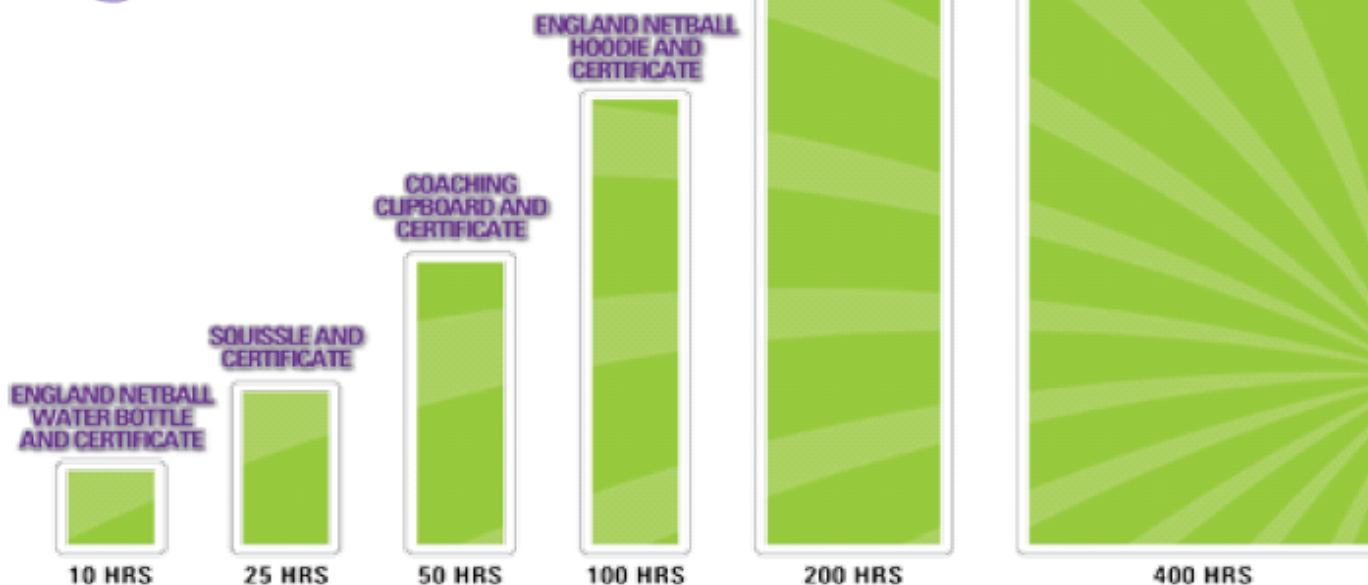
How does it work?

Once you've registered you will receive your volunteer portfolio and logbook. Just log your voluntary netball hours and send back the yellow copy to England Netball to receive your rewards in the post! It's as simple as that! You have 2 years from the date you became a member to complete your hours and claim your rewards.

PLEASE NOTE: Voluntary hours can only be counted from the day you sign up.

MyName

Rewards



Benefits!

Not only will you get rewarded for the hours you complete, but just by registering as a member of 'Pass on your Passion' you'll get access to:

- FREE Regional Training Days where top coaches and officials will be on hand to pass on their knowledge.
- E-newsletters to keep you up to date with the latest information and voluntary opportunities.
- Invitations to volunteer at National and International netball events.

Register NOW!

You can download a [Pass on your Passion Registration Form](#) here



Regional Contacts



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Regional Manager

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Regional Coordinator

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Elly Moore
Performance Pathway Coach

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Netball Development Officers



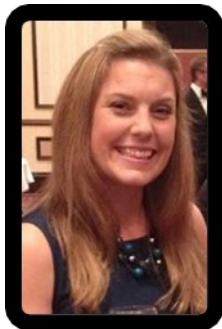
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Joanne Odro
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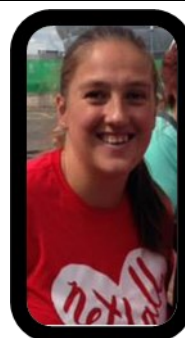
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Netball Development Community Coaches



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