

Netball UKCC Coach Education Programme Level 1 Assistant Coach Award

Further Information for interested coaches

Introduction

The following pages will give you a clear overview of the new Netball Level 1 qualification, its content and how it is assessed.

What is the UKCC? What are the benefits and why the change?

We have developed the UKCC for Netball to provide our players and coaches with the following advantages

- The Netball UKCC at Levels 1, 2 and 3 are recognised qualifications that will sit on the Qualifications Credit Framework and will be comparable with other qualifications
- The qualifications will meet the UKCC endorsed quality standard
- The qualifications have been designed to meet the needs of our coaches and vitally our players at the appropriate level
- The length of the courses are appropriate to ensure we train our coaches effectively and offer better support
- Assessments have been integrated into the courses where appropriate to meet the needs our coaches
- The coach tutors, assessors and verifiers are fully trained and accredited to deliver the best quality course and learning environment
- A clearer coach pathway with increased opportunities for personal and career development
- Provides a benchmark for employers and deployers
- Supports coaches to develop 'core' coaching skills to support their players

UKCC Levels

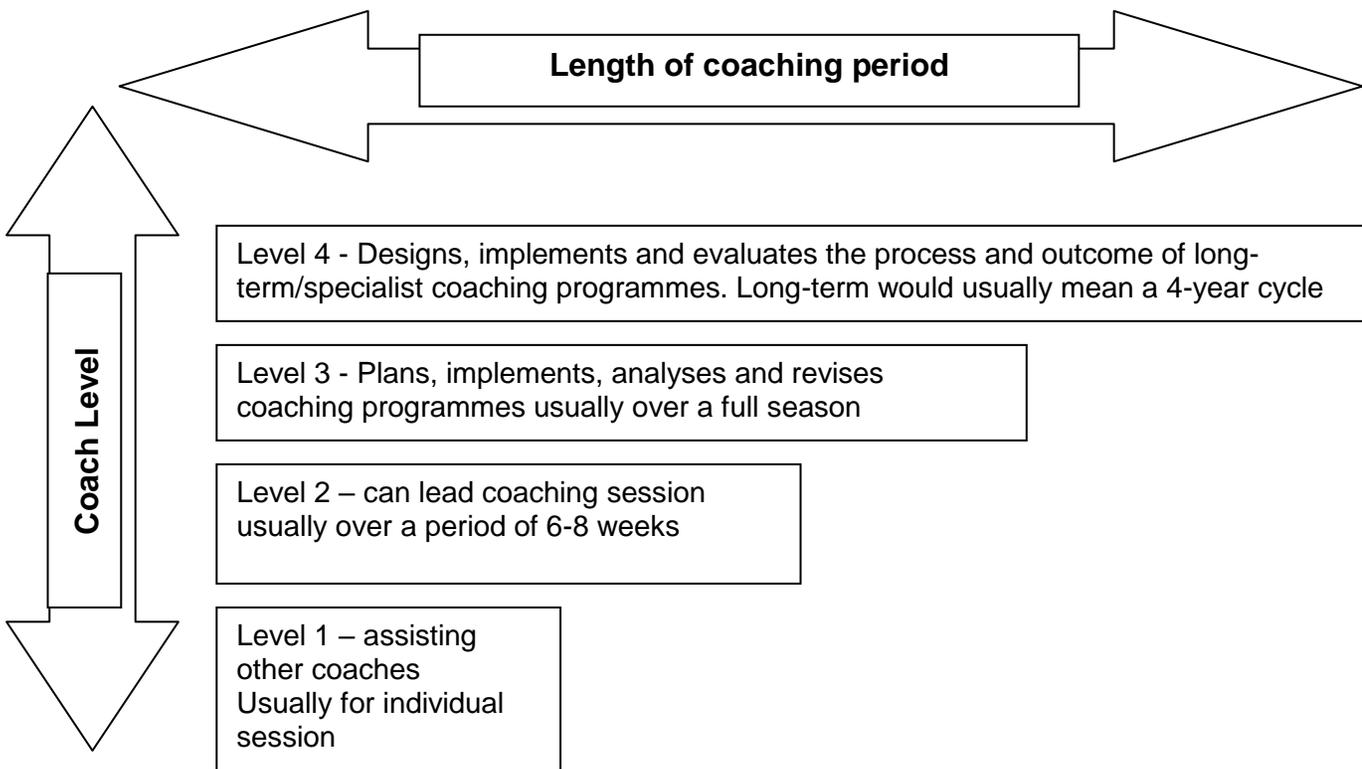
The UKCC aims to support coaches to develop the 'how to coach' skills. This means that we need to be clear about the role that coaches fulfil, how long the coaching programme lasts and what kind of knowledge, skills and experience coaches need to fulfil their role.

The UKCC is split into four levels and are described as follows:

Level	What the qualified coach will be able to do:
Level 4	Design, implement and evaluate the process and outcome of long-term/specialist coaching programmes
Level 3	Plan, implement, analyse and revise annual coaching programmes
Level 2	Prepare for, deliver and review coaching session(s). This will normally be a series of 6-10 coaching sessions in any one sequence.
Level 1	Assist more qualified coaches, delivering aspects of coaching sessions, normally under direct supervision.

The Netball course programmes at each level have been designed to help you fulfil the roles above.

In diagram form, the UKCC can also be explained as follows:



Overview of the UKCC Level 1 coaching qualification

The role of the Level 1 Coach

'Assist more qualified coaches, delivering aspects of coaching sessions, normally under direct supervision'

By successfully completing a Level 1 coaching qualification, as part of a UKCC endorsed coach education programme, coaches will be able to:

• prepare for the delivery of coaching activities

To do this, coaches must be able to:

- prepare for activities, taking into account participants' needs and motives
- establish a safe working environment

• deliver prepared activities of the coaching sessions

To do this, coaches must be able to:

- establish working relationships with participants and others
- prepare the participants for the coaching activities
- support participants behaviour
- deliver prepared activities
- conclude the activities

• evaluate the effectiveness of coaching activities

To do this, coaches must be able to:

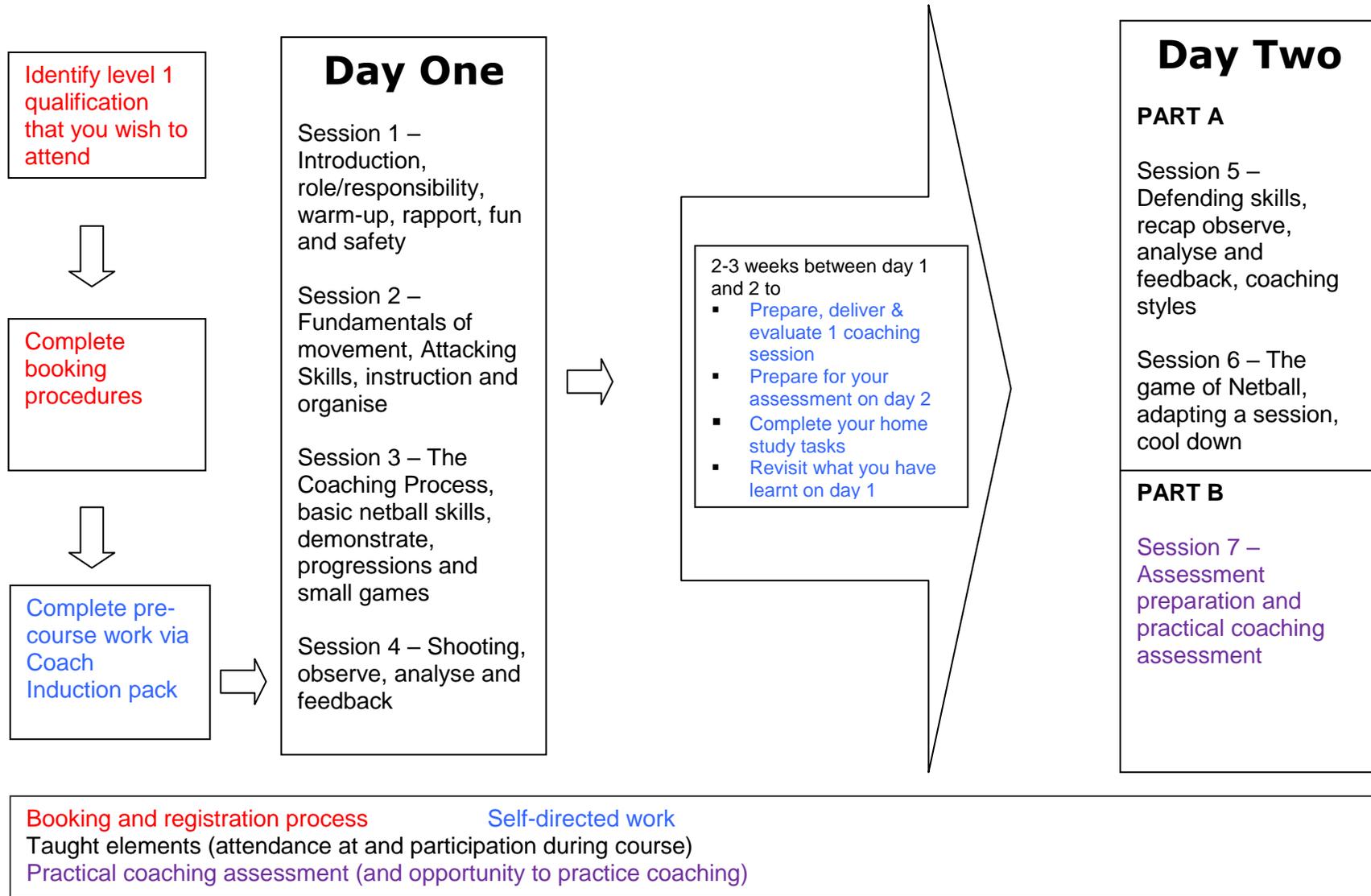
- review the activities
- contribute to the evaluation of participants
- continuously develop personal practice

Knowledge and understanding of Level 1 qualifications

Coaches must have the knowledge and understanding of:

- safe and ethical coaching practice
- the types of communication and methods of communication to establish effective working relationships with participants and others
- the techniques and skills of a sport
- the rules of a sport
- methods to develop participants' performance and enjoyment
- adapting coaching practice to meet participants' needs, abilities and stage of development
- the methods to evaluate coaching activities and reflect on personal coaching

Netball UKCC Level 1 Assistant Coach Course – Learning programme model



Frequently Asked Questions

How long does the course last?

2 days attendance is required at the course itself. There is also a minimal amount of pre-course work to do and you will need to practice a coaching session between days 1 and 2.

What is the Timing of the course?

9.00am – 6.00pm on both days.

Will I need to bring my own refreshments?

Yes please bring lunch, any snacks you may require and plenty to drink.

Do I need to be actively involved in the course?

Yes, you will need to take part as both a coach and during the practical elements as a player. If you have any concerns or questions about this please contact us at coaching@englandnetball.co.uk

Does the course include assessment?

Yes, your course will include an assessment, however, the assessments are not pass or fail situations. The aim of assessment within these qualifications is to assess your competency as you develop your skills. This will be at different stages along your course according to your individual ability and readiness. Assessments can be retaken if necessary.

The course has been designed to support your learning of which assessment is just one part of this.